

Purchase food from a local farmer	Observe meatless Monday	<u>Make your toilet</u> <u>low-flow</u>	Pack a lunch	Change all your lightbulbs to energy efficient bulbs
Make your own household cleaners	<u>Listen to an</u> <u>environmental</u> <u>podcast</u>	Turn off computer & unplug overnight	Go on a 30 minute walk to pick up trash in your neighborhood	Turn off water when brushing your teeth
Hang laundry to dry	Use glass containers to store food	TAKE THE WR ECO POLL!	Carpool to work or an event with friends	<u>Take the food</u> <u>print quiz</u>
Repurpose something old into something new	Plant a tree	Buy ugly produce	Use reusable cups/mugs	Eat leftovers for lunch
Shop with reusable bags	Turn off lights when leaving a room	Volunteer at an Earth Day event	Don't use your car - ride a bike, take public transit or walk	Create a compost bin at home