



WORK RIGHT REVIEW

VOLUME 8 | ISSUE 30 | ARCHIVE WORKRIGHTNW.COM



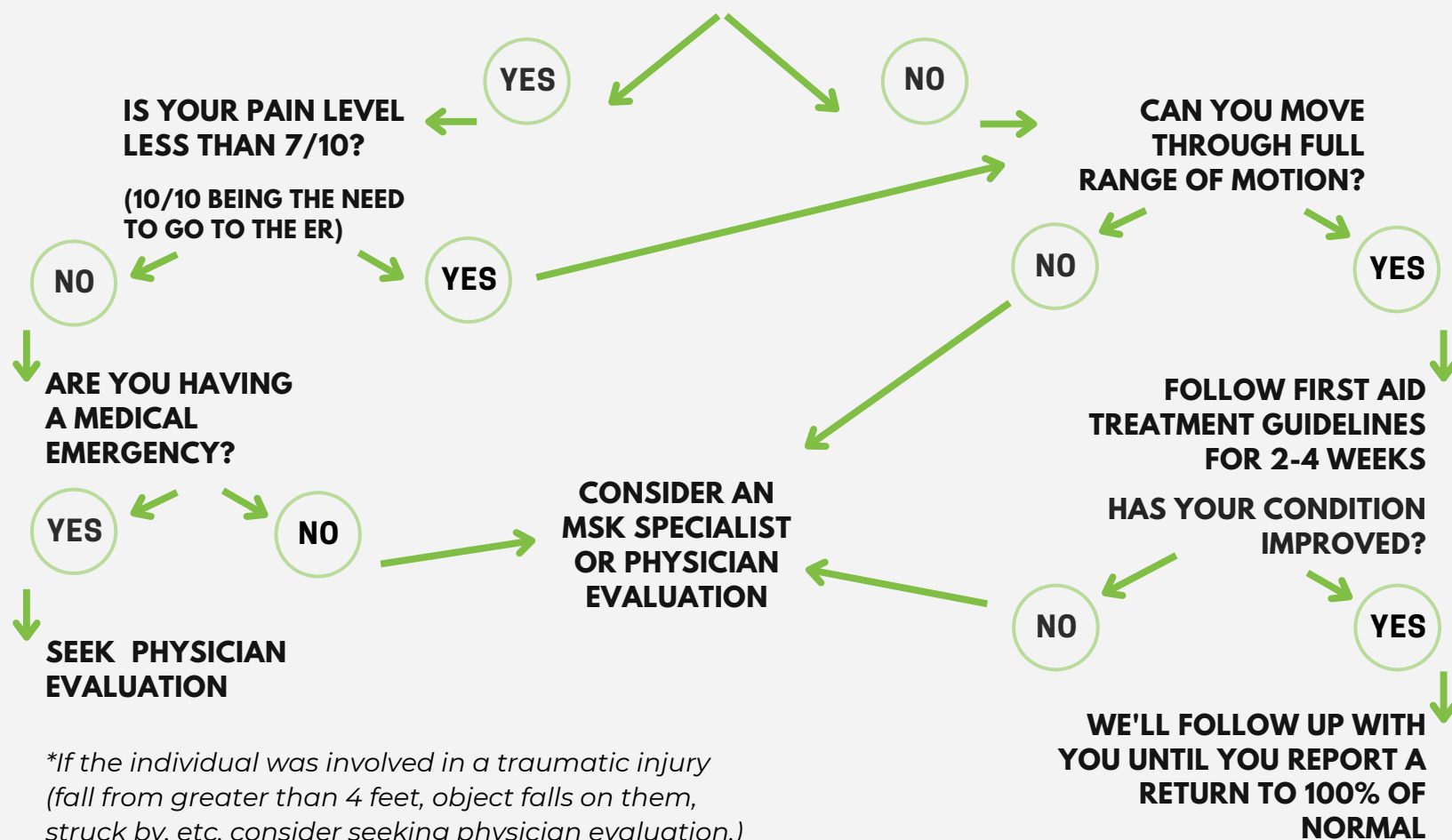
A VISIT TO THE WELLNESS CENTER

BY WRNW

In our effort to put a dent in healthcare, we provide training on proper ergonomics, identify and reduce ergonomic hazards, and encourage early reporting and intervention. Do you know how to manage a musculoskeletal issue that results in the best care for an industrial worker? Try out this handy decision tree when you believe you have discomfort caused by overexertion such as pushing, pulling, lifting, holding, carrying, or throwing.



IS DISCOMFORT AFFECTING THE WAY YOU PERFORM ON THE JOB?*



The Work Right NW Clinician Is Here For You!

A Work Right clinician will be happy to help you walk through each of these questions and put you on the right track. We'll talk through causes, prevention, any necessary first aid treatment, and when it's time to see a doctor. You'll avoid further injury and return to work as quickly as possible. Remember, we can help you with work-related and non-work related discomfort. Make an appointment and come see us at your site's Wellness Center!

WANT TO READ MORE?
SCAN THE QR!

Work Right NW is changing the way that companies view workplace hazards. Our focus is on educating the workforce to prevent injury. We provide access to Injury Prevention Specialist's in the workplace to address the early signs of discomfort. We are changing the industry one company at a time by helping one person at a time.

