



WORK RIGHT REVIEW

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PICK YOUR BRAIN: CONCUSSION SAFETY

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Concussions are a type of Traumatic Brain Injury (TBI) caused by a fall, bump or blow to the head or body that causes the head and brain to move rapidly back and forth. A concussion can cause a temporary loss of consciousness, but not always. At Work Right, we figured it was a *no-brainer* to fill your brain with all of the signs and symptoms of concussions, how to manage them, and to keep you **PREPARED** to avoid them outright!

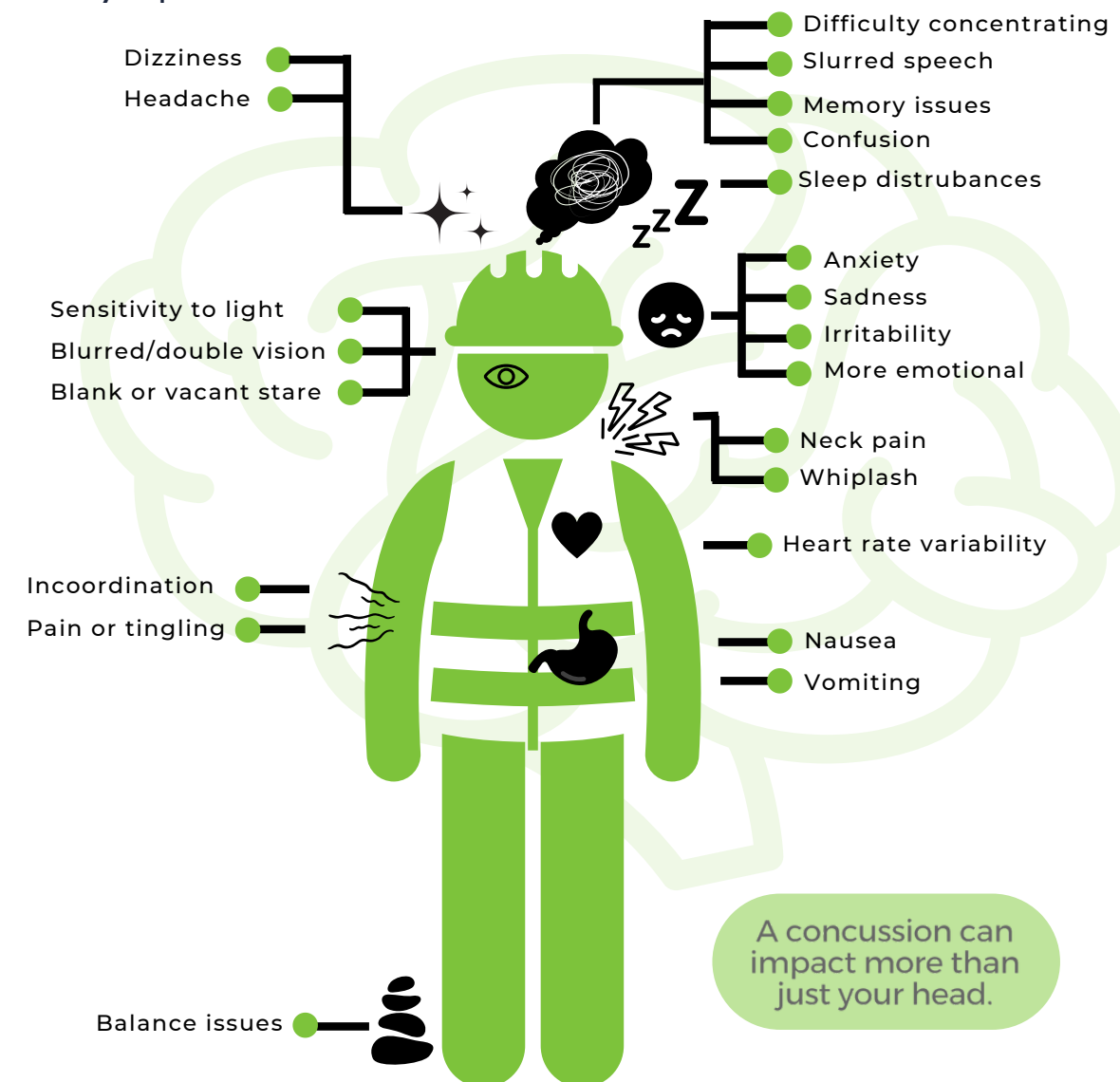
CONCUSSIONS IN THE WORKPLACE



- Approximately **1 in 4** Traumatic Brain Injuries happen in the workplace (and this is likely lower than what is actually reported). TBI's are most commonly caused by falls, being struck by falling objects, or motor vehicle accidents.
- These accidents can be prevented! If we brush up on our **PREPARED** principles; **R, Review your Hazards** and **E, Evaluate your Equipment** for the job, we have the opportunity to intervene and protect ourselves and others before accidents occur.

SIGNS & SYMPTOMS

If a TBI does occur, the effects can be serious and it is important to understand the signs and symptoms.



WANT TO READ MORE? SCAN THE QR!

Work Right NW is changing the way that companies view workplace hazards. Our focus is on educating the workforce to prevent injury. We provide access to Injury Prevention Specialist's in the workplace to address the early signs of discomfort. We are changing the industry one company at a time by helping one person at a time.



Follow the QR code for more resources on concussions and tips on recovery if a TBI occurs.